



**Tanned skin is  
damaged skin.**

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# CAN *the* TAN

*...literally*

- Tanned skin is damaged skin.
- Tanning in Tanning beds increases the risk of all forms of skin cancer, which can lead to scarring.
- Tanning causes up to 90% of visible signs of aging like wrinkles, blotchiness, dark spots, saggy skin, and leathery texture.
- Sunless self-tanning products are a safe way to look tan.

**[www.skincancer.org](http://www.skincancer.org)**



South Carolina Department of Health  
and Environmental Control

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[www.scdhec.gov](http://www.scdhec.gov)